Essay writing assignment ECC

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Topic: Do you agree that technology has made us lazier?

“Need is the mother of invention”, translated from a famous saying in Urdu describes the basic origin of all inventions and breakthroughs in technology. All inventions and technology ranging from radios and television to devices like online banking have been invented as a facility for mankind but have they aided in making us too instilling laziness in our personalities. Tasks like studying, visitation and even shopping that promote socializing and a general form of exercise have been revamped with the integration of technology in the daily lives of people.

Studying greatly includes research, which brings together students at one stage creating new friendships through common subjects, interests and even discontent with some of the same subjects between them. Now with the access to search engines such as Google, Bing and even websites including Webopedia and Wikipedia students tend to go straight to these sources rather than go researching through which they have a possibility of learning not just what they initially set out to learn but numerous other topics opening a whole new world of knowledge for them. It is true that technology aids us in saving time that would otherwise be consumed in research but it restricts our ability to operate independently.

Visiting family and friends whether for the purpose of visiting them in sickness or just for a social call strengthens relations. With the introductions and ease in video calling people have now resorted solely on them rather than making an effort which shows just how much importance does the person carry in our life? Humans are deemed as ‘social animals’ but without proper physical interaction are we really ‘social’?

The most social activity of all time is probably shopping; going out to malls browsing through different stores coming across new people some of whom we connect with through taste in attire is a whole experience in its own. With the integration of online shopping the physical aspect of shopping has now sidelined. Albeit this has encouraged and assisted small startups in setting up businesses and reaching a vast audience but we cannot ignore the fact this has promoted the ‘couch potato’ culture making people lazy and gaining unnecessary weight.

In conclusion studying, video calling and shopping through modern technology has damaged our health due to the promotion of concept “the world at your fingertips”. We should use technology to the most while still remaining independent.

(398 words essay)